

## **Health and Psychology**

Course code: PSY 2200

Total contact hours: 60 hours

Pre-requisite: Be a health science student.

### **Course Overview**

The biopsychosocial model (abbreviated "BPS") is a model or approach that focuses on the biological, psychological, and social factors of mental disorders to understand mental health better.

This course will use this model to analyze different mental disorders, symptoms, and treatments. Participants will discuss the impact of social factors in developing different mental disorders, know the theory behind the disorders and apply the information to class presentations and case studies.

The course has a holistic view and a multisystem, multilevel, and multivariate orientation for the benefit of the student's future patients.